## **WEEK NUMBER: ONE**

Monday	Tuesday	Wednesday	Thursday	Friday
HOME ZONE				
Savoury mince served with	Sausage roll	Roast pork & stuffing	Chicken curry served with a	Fish
yorkshire pudding	Or	Or	nan bread	Or
Or	Vegetable frittata	Vegetable ragu	Or	Vegetarian special
Vegetable & quorn	#	#	Vegetable chilli burrito	#
casserole served with	Potatoes	Roast potatoes	#	Chips
yorkshire pudding	Green beans & carrots	Vegetables	Rice	Mushy peas
#	#	#	Peas/sweetcorn	#
Mashed potatoe	Traybake	Apple crumble & custard	#	Doughnut
Medley vegetables	Fresh fruit salad or yoghurt	Fresh fruit salad or yoghurt	Rice pudding	Fresh fruit salad or yoghurt
#			Fresh fruit salad or yoghurt	
Traybake				
Fresh fruit salad or yoghurt				
FAST ZONE				
Plain jackets				
Filled jackets				
Assorted salads				

In addition to the above, fresh fruit, yoghurt, bread & butter, cold meats, cheese, salads and an assortment of cold desserts will be available on a daily basis.

Cold fillings for jacket potatoes will consist of tuna mayonnaise, pink salmon, cheese, pasta salad, coleslaw, egg mayonnaise, etc (HC = Healthy Choice)

## **WEEK NUMBER: TWO**

Monday	Tuesday	Wednesday	Thursday	Friday
HOME ZONE				
Pasta bolognese served	Chicken burger	Roast gammon	Sausages	Chicken nuggets
with garlic bread	Or	served with yorkshire	Or	Or
Or	Vegetable quiche	pudding	Macaroni cheese	Vegetarian special
Vegetable burger	#	Or	#	#
#	Potatoes	Vegetable lasagne	Mashed potato	Chips
Boiled potatoes	Mixed vegetable	#	Carrots & sweetcorn	Baked beans
Peas & sweetcorn	#	Roast potatoes	#	#
#	Traybake	Carrots & green beans	Eves pudding & custard	Waffles
	Fresh fruit salad or yoghurt	#		Fresh fruit salad or yoghurt
Traybake		Syrup sponge & custard	Fresh fruit salad or yoghurt	
Fresh fruit salad or yoghurt		Fresh fruit salad or yoghurt		
FAST ZONE				
Plain jackets				
Filled jackets				
Assorted salads				
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In addition to the above, fresh fruit, yoghurt, bread & butter, cold meats, cheese, salads and an assortment of cold desserts will be available on a daily basis.

Cold fillings for jacket potatoes will consist of tuna mayonnaise, pink salmon, cheese, pasta salad, coleslaw, egg mayonnaise, etc (HC = Healthy Choice)

## **WEEK NUMBER: THREE**

Monday	Tuesday	Wednesday	Thursday	Friday
HOME ZONE				
Chicken & vegetable pie	Chicken tikka served with	Roast turkey & stuffing	Pizza	Fish
Or	nan bread	Or	Or	Or
Vegetable sausages	Or	Quorn bolognese	Sweet potato,spinach &	Vegetarian special
#	Tomato basil pasta bake	#	chickpea curry served with	#
Midi potatoes	#	Roast potatoes	rice	Chips
Mixed Vegetables	Rice	Green beans & carrots	#	Baked beans / vegetables
#	#	#	Herby dice potatoes	#
Traybake	Peas & sweetcorn	Jam roly poly served with	Vegetables	Traybake
Fresh fruit salad or yoghurt	#	custard	#	Fresh fruit salad or yoghurt
	Iced sponge & custard	Fresh fruit salad or yoghurt	Ice cream served with	
	Fresh fruit salad or yoghurt		toffee sauce	
			Fresh fruit salad or yoghurt	
FAST ZONE				
Plain jackets				
Filled jackets				
Assorted salads				

In addition to the above, fresh fruit, yoghurt, bread & butter, cold meats, cheese, salads and an assortment of cold desserts will be available on a daily basis.

Cold fillings for jacket potatoes will consist of tuna mayonnaise, pink salmon, cheese, pasta salad, coleslaw, egg mayonnaise, etc (HC = Healthy Choice)