

Growing, Eating & Exploring – Nursery Activity Grid – Autumn 2 Term

Please try to complete at least one activity at home per half term.

Upload any pictures of any activities you do onto Evidence Me for your child's teacher to see.

Please note: Children are still advised to listen to a story with a family member at least once a day. Ask your child questions about the story and discuss the pictures in stories to promote imagination and to develop communication and language skills.

Literacy:

Leaf and Vegetable Letter Tracing: Cut out leaf or vegetable shapes from paper. Write letters of your child's name on them. Let your child trace each letter with finger or pencil. Put the leaves in the correct order to spell their name.

Talk about:

"Which letter is on this leaf?"

"Can you trace it carefully?"

"Which leaf comes next?"



Personal, Social and Emotional/Communication and Language:

Look at some fruits and vegetables together. Talk about where they come from and how they grow (on trees, under the ground, on plants).

Talk about:

"Where do you think this grows?" "What shape is it?" "Which ones do you like to eat?"



Expressive Arts and Design:

Use fruit or vegetable shapes to make prints. Dip them in paint and press on paper to make patterns. Talk about the shapes you see.

Talk about:

"What shape can you see?" "Which prints look the same?"

"What colours have you used?"



Mathematics:

Create a simple planting numbers game.

Draw or write the numbers 1-5 on pieces of paper or plant pots.

Give your child pretend seeds (buttons, pebbles, or dried beans).

Ask them to "plant" the correct number of seeds into each numbered pot.

Then, trace or copy the numbers in sand, flour, or on paper using their finger or a crayon.

Talk about:

"Can you find number 3?"

"How many seeds does number 2 need?"

"Can you draw the number 4?"

"What comes next after number 5?"



Physical Development:

Make a simple fruit salad or vegetable snack together. Let your child help to wash, peel, or stir (with supervision).

Talk about:

"What does it feel like?" "Is it soft or hard?" "What colour is it?"



Understanding the World:

Plant some cress seeds together. Water it each day and watch it grow. Take photos or draw pictures of how it changes.

Talk about:

"What do plants need to grow?" "What has changed since yesterday?" "Why do we water it?"

