

# Growth & Change – Nursery Activity Grid – Spring 2 Term

Upload any pictures of any activities you do onto Evidence Me for your child's teacher to see.

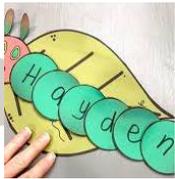
**Please note:** Children are still advised to listen to a story with a family member at least once a day. Ask your child questions about the story and discuss the pictures in stories to promote imagination and to develop communication and language skills.

## Literacy:

**Caterpillar Letter Trail:** Draw a caterpillar with a body of leaves or segments. Write one letter of your child's name on each segment and have them trace or order the letters.

Talk about:

"Which letter is first?" "Which segment comes next?"  
"Can you make your caterpillar climb higher?"

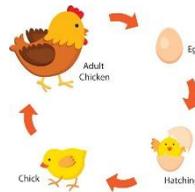


## Personal, Social and Emotional/Communication and Language:

**Talk About Changes in Animals:** Show pictures or videos of animals growing (chick to chicken, caterpillar to butterfly). Ask your child to describe the changes.

Talk about:

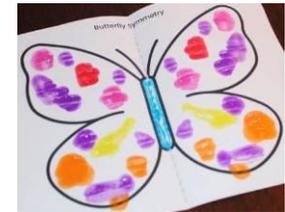
"What happens first?" "How does the animal change?" "Which animal is your favourite?" "Can you tell me what comes next?"



## Expressive Arts and Design:

**Butterfly Symmetry Painting:** Fold paper in half, paint on one side, then fold to create a butterfly. Discuss patterns and colours.

Talk about: "How many colours did you use?" "Which side is the same?" "Can you make the wings bigger?"



## Mathematics:

**Count the Leaves Activity:** Collect leaves from the garden or outdoor area and count them together.

Talk About: "How many leaves do we have?" "Which pile has more?" "Which leaf is the biggest/smallest?"



## Physical Development

**Stretch and Grow Game:** Pretend to be plants growing from tiny seeds to tall sunflowers, stretching arms high or crouching small.

Talk about:

"Can you grow taller?" "How small can you make yourself?" "Can you sway like a plant in the wind?"



## Understanding the World:

**Cress Planting:** Plant some cress seeds together. Water it each day and watch it grow. Take photos or draw pictures of how it changes.

Talk about:

"What do plants need to grow?" "What has changed since yesterday?" "Why do we water it?"

